



Moira Primary School

Intimate Care including Toileting Policy 2025-2027

This policy is reviewed every two years and was agreed by the Governing Board of Moira Primary School in September 2025 **and will be reviewed again in September 2027.**

Signed: _____ Chair of Governors

Date: _____

Non- Statutory Policy

The purpose of this policy is:

- To safeguard the rights and promote the best interests of the children
- To ensure children are treated with sensitivity and respect, and in such a way that their experience of intimate care is a positive one
- To safeguard adults required to operate in sensitive situations
- To raise awareness and provide a clear procedure for intimate care
- To inform parents/carers in how intimate care is administered
- To ensure parents/carers are consulted in the intimate care of their children

Principles

It is essential that every child is treated as an individual and that care is given as gently and as sensitively as possible. As far as possible, the child should be allowed to exercise choice and should be encouraged to have a positive image of his/her own body. It is important for staff to bear in mind how they would feel in the child's position. Given the right approach, intimate care can provide opportunities to teach children about the value of their own bodies, to develop their safety skills and to enhance their self-esteem.

Parents and staff should be aware that matters concerning intimate care will be dealt with confidentially and sensitively and that the young persons' right to privacy and dignity is maintained at all times.

Our expectation is that young children should have achieved continence when they are admitted to school. We recognise that young children vary widely in their levels of maturity and in achieving continence. We also recognise that children may have a lapse in their continence because of trauma, onset of sudden disability, emotional upset or health problems.

We will do our best to support children in partnership, but the school does need the support of parents if children need a change of clothing or they have become distressed. In some circumstances we may need, and will reserve the right, to contact parents and request that the child should be collected from school.

What the school expects of parents

- parents will endeavour to ensure that their child is continent before admission to school (unless the child has additional needs)
- parents will discuss any specific concerns with their child's class teacher in the first instance about their child's toileting needs
- parents accept that on occasions their child may need to be collected from school.

What parents expect of our school

- staff will deal sensitively with all children's toileting needs
- staff will encourage children to become independent and confident in coping with their own toileting needs
- staff will contact parents if their child becomes distressed or is unwell in order that he/she can be collected from school.

Definition

Intimate care is one of the following

- Supporting children with medically-related toilet needs, where necessary and as agreed with parents/carers
- Supporting a pupil with dressing/undressing
- Assisting a pupil requiring medical care, who is not able to carry this out unaided
- Cleaning a pupil who has soiled him/herself, has vomited or feels unwell

Supporting children with medically-related toilet needs

Sometimes children join the school whose needs include that of support in going to the toilet. Staff will always encourage children to attempt toileting unaided, but will provide encouragement and support where needed, in close consultation with parents about the minimum level of support that can be offered.

Supporting dressing/undressing

Sometimes it will be necessary for staff to aid a child in getting dressed or undressed particularly in Early Years Foundation Stage. Staff will always encourage children to attempt undressing and dressing unaided.

Providing comfort or support

Children may seek physical comfort from staff (particularly children in EYFS). Where children require physical support, staff need to be aware that physical contact must be kept to a minimum and be child initiated. When comforting a child or giving reassurance, the member of staff's hands should always be seen and a child should not be positioned close to a member of staff's body, which could be regarded as intimate. If physical contact is deemed to be appropriate staff must provide care, which is suitable to the age, gender and situation of the child. If a child touches a member of staff in a way that makes him/her feel uncomfortable this can be gently but firmly discouraged in a way, which communicates that, the touch, rather than the child, is unacceptable.

Soiling

Intimate care for soiling should only be given to a child after the parents have given consent for staff to clean and change the child. Parents give consent for this on the schools own pupil data sheet completed on entry to school and can be updated by parents at any time. If a parent does not give consent, the school will contact the parents or other emergency contact giving specific details about the necessity for cleaning the child. If the parent/carer or emergency contact is able to come within a few minutes, the child is comforted and kept away from the other children to preserve dignity until the parent arrives. Children are not left on his or her own whilst waiting for a parent to arrive; an adult will stay with them, giving comfort and reassurance. The child will be dressed at all times and never left partially clothed.

If a parent/carer or emergency contact cannot attend, the school seeks to gain verbal consent from parents/carers for staff to clean and change the child. This permission will be sought on each occasion that the child soils him or herself. If the parents and emergency contacts cannot be contacted the Head Teacher will be consulted. If put in an impossible situation where the child is at

risk, staff will act appropriately and may need to come into some level of physical contact in order to aid the child.

When touching a child, staff should always be aware of the possibility of invading a child's privacy and will respect the child's wishes and feelings.

If a child needs to be cleaned, staff will make sure that:

- Protective gloves and an apron are worn
- The procedure is discussed in a friendly and reassuring way with the child throughout the process
- The child is encouraged to care for him/herself as far as possible
- Physical contact is kept to the minimum possible to carry out the necessary cleaning
- Privacy is given appropriate to the child's age and the situation
- All spills of vomit, blood or excrement are wiped up and flushed down the toilet
- Any soiling that can be, is flushed down the toilet
- Soiled clothing is put in a plastic bag, unwashed, and sent home with the child
- Two members of staff (not volunteers) who are known to the child where possible, are in attendance. This may be one member of staff where a child has a toileting care plan.

Hygiene

All staff must be familiar with normal precautions for avoiding infection, must follow basic hygiene procedures and have access to protective, disposable gloves and aprons. Baby wipes will be used and disposed of in a bag in a specifically allocated bin in the class 1 annex.

Care Plans

Where a pupil has particular needs e.g. wearing nappies or pull-ups regularly, or has continence difficulties which are more frequent than the odd 'accident', staff will work with parents/ carers (and health professionals such as the school nurse, if appropriate) to set out a care plan to ensure that the child is able to attend daily.

The written care plan will include

- Who will change the child
- Where changing will take place
- What resources and equipment will be used and clarification of who is responsible (parent or school) for the provision of the resources and equipment
- How wet or soiled clothes will be kept and returned
- What infection control measures are in place
- What the staff member will do if the child is unduly distressed or refuses care
- Arrangements for school trips and outings
- Care plan review arrangements

A written care plan and an agreement will also be signed by the parent/ carer and member of staff (see Appendix A)

Protection for staff

Members of staff need to have regard to the danger of allegations being made against them and take precautions to avoid this risk. These should include:

- Gaining a verbal agreement from another member of staff that the action being taken is necessary
- Allow the child, wherever possible, to express a preference to choose his/her carer and encourage them to say if they find a carer to be unacceptable
- Allow the child a choice in the sequence of care
- Be aware of and responsive to the child's reactions
- Following the agreed actions set out in a child's intimate care plan
- Having another member of staff in attendance during any intimate care where possible

Safeguarding

There is an obligation on local authorities to ensure that staff who have substantial, unsupervised access to children undergo police checks. All staff, students and volunteers at Moira Primary School are DBS checked on application and cannot undertake tasks within school until all checks are completed satisfactorily.

The DBS's aim is to help organisations in the public, private and voluntary sectors by identifying candidates who may be unsuitable to work with children or other vulnerable members of society. Personal and professional references are also required and unsuitable candidates are not permitted to work within the school. It is not appropriate for volunteers to carry out intimate care procedures. Teaching placement students should only do so under the supervision of a trained member of staff, following consultation with the student's college/ university supervisors.

During the delivery of intimate care, should the member of staff have cause for concern regarding possible child abuse, the recognised child protection procedures should be followed.

Appendix A



Moira Primary School

Intimate care plan *(Use this template for pupils who need regular support with toileting, washing and/or changing)*

PARENTS/CARERS	
Name of child	
Type of intimate care needed	
How often care will be given	
What training staff will be given	
Where care will take place	
What resources and equipment will be used, and who will provide them	
How procedures will differ if taking place on a trip or outing	
Name of senior member of staff responsible for making sure care is carried out according to the intimate care plan	
Name of parent or carer	
Relationship to child	
Signature of parent or carer	
Date	
CHILD	
How many members of staff would you like to help?	
Do you mind having a chat when you are being changed or washed?	
Signature of child	
Date	

This plan will be reviewed twice a year.

Next review date:

To be reviewed by:

Intimate Care Plan Agreement **The parent:**

- I agree to ensure that the child is toileted / changed at the latest possible time before being brought to school
- I will provide school with spare nappies, pull ups or pants, wipes and a change of clothing and will ensure that supplies are maintained
- I understand and agree the procedures that will be followed when my child is changed at school – including the use of wipes
- I agree to inform the school should my child have any marks/ rash
- I understand that if my child refuses to go to the toilet or refuses intimate care, a parent or emergency contact for the child will be contacted to discuss what happens next.
- I agree to a 'minimum change' policy i.e. the school will not undertake to change / toilet the child more frequently than if s/he were at home
- I agree to review arrangements should this be necessary

Signed.....(parent/carer)

Printed.....(parent/carer)

The school:

- We agree to support the child with their intimate care needs, giving care as gently and sensitively as possible
- We agree to record and monitor the number of times the child is changed in order to identify progress made or any further issues
- We agree to report should the child be distressed, refuse care, or if marks/ rashes are seen to report these to parents in a timely manner
- We agree to review arrangements should this be necessary

Signed.....(school member of staff)

Name(school member of staff)

Date.....